



ANNUAL REPORT

2022 - 2023

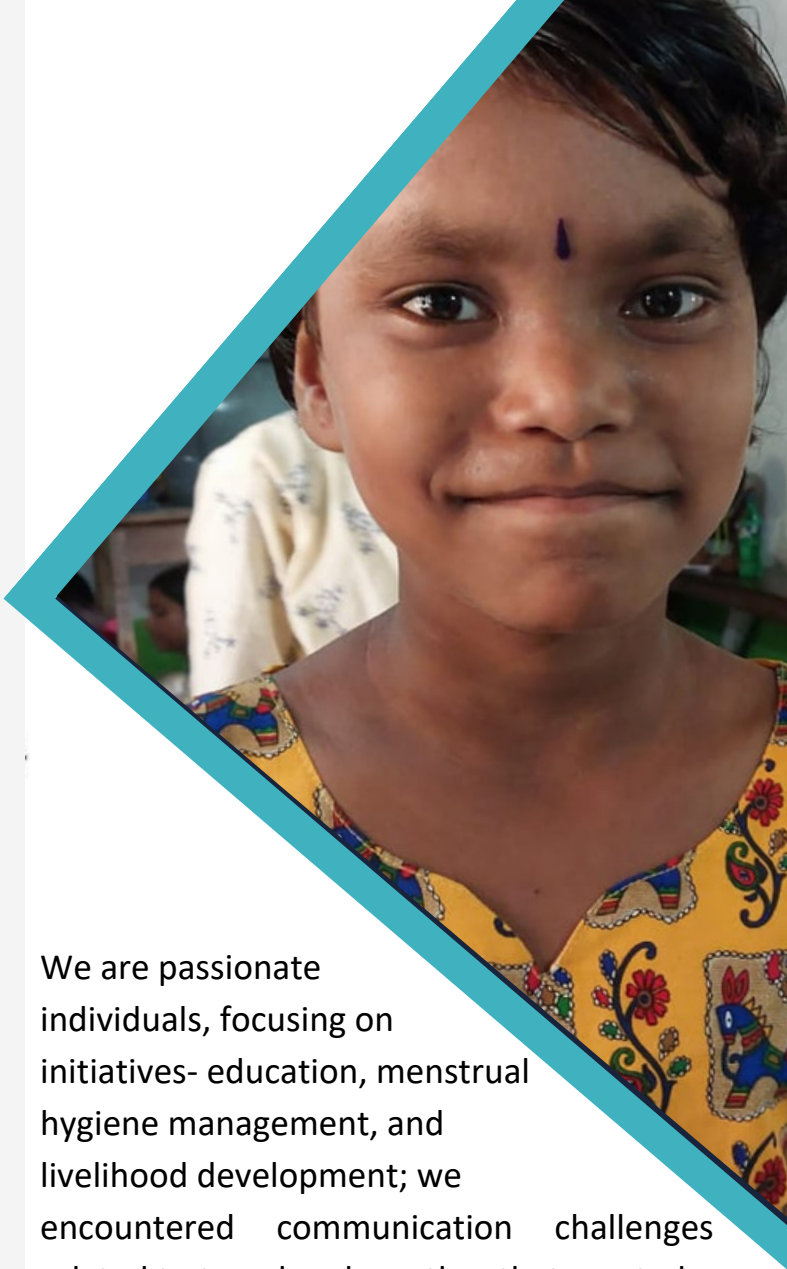
www.beandmake.org

FROM THE

FOUNDER'S DESK

Nothing makes us happier than presenting our second Annual Report. For the year of 2022-2023, we accomplished a great milestone. The fear of Covid-19 persisted in West Bengal, but it did not dampen our determination to see a better world, a world of equality between all the sections of society. Supporters from all over the state pitched in to make this dream a reality. This was only possible because of their encouragement and support, which enabled us to learn and overcome our obstacles.

Be and Make works in rural and economically depressed areas of West Bengal. We facilitate communities by giving them access to better education, health, hygiene and other social entitlements, which help them to sustain a quality life in a long run.



We are passionate individuals, focusing on initiatives- education, menstrual hygiene management, and livelihood development; we encountered communication challenges related to travel and weather that created a barrier between us and the helpless children and underprivileged communities. Only the excitement displayed by our team and the volunteers at these vital moments allowed us to overcome this. They assisted us in providing instruction, establishing camps, and providing aid to those who were most in need.

We have listed our major accomplishments for the year 2023-2023 in the pages, that follow and you can read more about Be and Make on the back cover. For a very long time to come, we intend to keep up our efforts

INITIATIVES

SOPAN

Proper and quality education is out of reach for many poor children in the rural and tribal regions, these children suffer from the negatives of poverty as well as the after effects of the COVID-19 pandemic, which will further disadvantage them in life while searching for jobs. Our goal is to bridge the unfair gap that they suffer compared to the rest of us and provide them with equal opportunities to quality education. Sopan is an educational program for children in tribal and rural areas that enables their learning and their holistic development in community spaces.



These kids, generally first generation learners or slow learners learn the basic subjects like English, Maths and Bengali, as well as social awareness, arts, crafts and sports, and the program provides counselling and mentoring for them. We have opened nine (9) centres with over 320 students, which are located in four (4) different districts- the Birbhum, Malda, Hooghly and South 24 Pargana districts. Our programs mainly focus on children between the ages of 6-12 with girls receiving further attention.

SOPAN



SOPAN



MARYADA

Our effort Maryada strives to raise awareness among women of the significance of menstruation, which is still stigmatised in some rural areas of the nation. They are consequently prevented from living in their own homes and forced to remain in unsanitary locations. Because they are made to believe that their periods are impure, young women are compelled to use filthy rags, which can lead to serious illnesses.

Be and Make has volunteered their hands to assist disrupt these standards. Almost 1280 girls were educated this past year because of our collaborations with 12 schools in the Hooghly and Purba Bardhaman districts. The purpose of the health camps was to offer them free medical care and health checks. We provided menstruation kits to all the women and used fun filled activities to help them understand what periods really mean.



MARYADA





SWAYAM

The rural and tribal regions that are living below the poverty line rely on daily wages to feed their families and provide shelter for them. Their main sources of jobs are laboring in the fields and on construction sites, farm working, rickshaw cleaning, domestic work, and much other insecure work which may not be given to them the next day. The declining economic condition has worsened the living conditions and the job market resulting in young people not being able to find work.

INITIATIVES



Our Swayam program addresses the livelihood challenges of students and women in areas where people are educated but face difficulty in finding work, it teaches them knowledge about work and financial literacy that would help their homes. This initiative is mainly provided to women from marginalized groups such as rural, tribal, Self Help groups/college-going women. Our organization has already changed the lives of 4578 women and we have an expectation to affect even more, we are based in the districts of Malda, Purba Bardhaman, Hooghly, and Paschim Medinipur and we have a target of expanding to the districts of Jhargram and Purulia in near future.



INSPIRING STORY OF SUKANYA

Sukanya has been under our special care this year. She has a story that would inspire every human being. She is getting her degree from a local government college in Balurghat, Dakshin Dinajpur. She enjoys drawing, but she wants to work as a teacher so she can earn the bread for her family and, in the future, serve as an inspiration to end the cycle of poverty in her family. In her 20 years of life, she has been through more difficulties than most people. It was discovered at a very young age that she was suffering from diabetes, for which she has to take a regular dose of insulin. Throughout her life, she has experienced hardships and distresses. Her father works as an artisan while her mother is a homemaker. It was impossible for her family to fund for her medical treatment as well as her education. As her health deteriorated, the financial needs of her family were growing more and more intense.

In spite of the fact that everything seemed to be against the couple, Sukanya did not lose hope. On the contrary, she was determined to change her situation in order to build a better life for herself and her family in the future. As powerful as all women are, she knew she would find a solution. That is when she turned for help to Be and Make.

To assist Sukanya and many other individuals like her, Be and Make accessed donations from various kind souls to pay her medical and educational bills that her family were unable to provide for her. We are glad to walk by Sukanya as she takes her steps to building her future and turning her dreams into reality.

SHARED DREAMS

Tebadrita and Anwasha, and their battle against the world. Anwasha, the elder sister, is in her first year of college, and her younger sister, has just been promoted to class IV. It did not take them long to realize how unfair and cruel life can be, as they were exposed to it very quickly.

The first hit of tragedy that the siblings got was their father's death from COVID 19. The family lost everything all at once. He was the sole provider for the family and the need for a second earning member was not needed until his death. The family remained broken and there was nothing for them to do. They were lost in the abyss of pain and suffering. Therefore, seeing that there was no option left, their mother went around looking for jobs.

Though she got a job very quickly, the earnings were not enough to run the family. Debadrita who was just 9 at the time of her death had lost her hope and she had given up on her dream to become a doctor to help cure diseases.

The hardship and difficulties continued until Anwasha thought it was enough. She had a dream. A dream of becoming a teacher, her sister had a dream. She would never let them die. With this determination and will, she came to for help. We were moved and inspired by her story. The light in her was too bright for anything to dim it.

When her story got out there, there were many kind souls who wanted to help this family, especially these girls. We could only be happy and proud of them. Even though life broke them down into pieces, they did not lose hope. We are proud to be a part of their story.



About Be and M

Be and Make is a registered non-profit development organisation founded with the dream to embark on a sustainable change in the lives of grassroots communities through its action-oriented programs and research-based solutions.

The focus of our organisation is to level up the fields on- Education, Health, Environment, Economic Empowerment through Research and Capacity Building.

Our organisation, established in 2021, ensures tangible changes at the grassroots levels particularly for the communities living in many remote and marginalised areas who are in real need of support. We at Be and Make is a strong believer in making a resurgent society-scalable, sustainable development with empowered communities.

Vision

We are a development organisation, that is guided by a vision of a world where people- especially the hard-to-reach and unaddressed- have equal opportunities to live with dignity, respect and hope.

Mission

Be and Make- Be the Change and Make the Change seeks to promote and facilitate the establishment of an equitable society in which all members have an equal opportunity to participate in accessing the better life with dignity. All of our projects are geared towards creating a thriving environment in which all members of the community are granted an opportunity to progress and to improve the quality of their lives, and therefore accordingly that of their families' and subsequently that of society.



MEET THE DREAM CHANGERS

Priyabrata Nandy

Founder

Priyabrata is the Founder of Be and Make, he is a passionate social development professional who has a creative mindset and is actively working on education in the endangered communities of tribal and rural Bengal.

Anindita is an exponent in the social development field with over 20 years of experience in the corporate and NGO sectors. She is recognized for her excellence in the implementation of action research projects, nationally and internationally, and is a part-time faculty member of the Police Training Institute and the Regional Institute for Correctional Administration of the State. She is also active as a core committee member in the Narcotics Cell of the Kolkata Police.

Anindita Ray

Co-Founder

Papiya Bose

Trustee

She is a passionate changemaker and nature lover as well as a bookworm. She loves to explore new topics and theories and uses her inspirational pursuance of understanding complex ideas to implement Be and Make aims on the ground for optimal impact of its work.

As a Program Coordinator, Madhumita is a dynamic and driven individual with a passion for effecting positive change in the world around her. With a voracious appetite for knowledge, she constantly seeks out new ideas and theories to inform her work. Her unwavering commitment to making a difference is reflected in her inspirational pursuit of understanding issues and her dedication to translating that knowledge into tangible actions that deliver optimal impact on the ground. With her strong leadership skills and ability to engage with diverse groups of people, Madhumita is a natural at driving collaborative efforts and creating meaningful partnerships that bring about lasting change.

Madhumita Karmakar

Program coordinator

Ganesh Dutta

Program Coordinator

Ganesh, a dedicated individual who is committed to making a difference in the society. He is constantly striving to find innovative ways to implement programs that have a positive impact on the communities, using his creativity and innovation to implement impactful programs that create meaningful change. His hard work and tenacity are unmatched, as he works tirelessly to ensure that our programs are successful and sustainable. Ganesh is always looking for ways to improve the processes and strategies, and use his creativity and ingenuity to find solutions to even the most complex challenges

APPRECIATION

We would like to take a moment to express our heartfelt appreciation to all of our supporters, well-wishers and members who have supported our organisation since our journey began. We would not be where we are today without your support, commitment, kindness and trust. We are extremely grateful for the opportunity that you have provided for us to continue striving to do the best we can to make the world a fairer and better place and to make a difference for the people who desperately need it. We sincerely thank you for being part of our journey and for your continued support.



We are always there to hear you

Reach us @
Be and Make- Be the Change and Make the
Change

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